Hygiene Kits

ICS hygiene kits provide basic necessities that help maintain hygiene and personal care needs for people who may be unhoused or experiencing financial struggle. You can help by donating supplies and creating hygiene kits to be given out at an ICS Food Bank and Office.

(Please do not donate full size supplies, as they harder to pack and heavier to carry.)

Here's how you can help:

1. Choose the type of bag that you'd like to use – Bag Options: Gallon Ziplock bags, fanny packs, backpacks, synch sacks, totes, etc.

2. Fill it with approved items – See lists below.
   a. Each kit should have a minimum of 5 items in it.
   b. All the items you want to include should fit into the bag size you choose. The more items you include, the bigger the bag you will need.
   c. Please only donate travel size items. Please do not donate full size items for your kits, regardless of the size of the bag.

3. Create a small list of what items are included with each kit – This helps our staff and volunteers identify each bag quickly during distribution hours.

4. Drop them off at a designated ICS location – Completed Hygiene Kits can be brought to:

- ICS Northwest Office at 2820 W. Ina Rd. Tucson, AZ 85741 between the hours of 11am-4pm Monday-Thursday
- ICS East Office at 8701 E. Old Spanish Trail Tucson, AZ 85710 between the hours of 11am-1pm Monday-Friday.

Priority Need Items:	Extra Items:	Weather Related Items:
-Travel size toothpaste -Prepackaged toothbrush -Travel size shampoo -Travel size body wash -Bar soap and washcloth -Travel size deodorant -Wipes/Compression towels -Small tissue packages -Travel size first aid kits -Chapstick/Lip balm	-Nail clippers, Nail file -Razor -Tweezers -Floss -Eye drops -Q-Tips -Travel size mouthwash -Travel size conditioner -Travel size hairbrush/comb -Travel size hand sanitizer -Eye masks, ear plugs	Summer -Hat, Sunglasses -Travel size sunscreen -Reusable water bottle -Electrolyte packets Winter -Adult size long socks -Hand warmers -Rain ponchos -Travel size lotion