

## Our Mission...

*“Helping seniors,  
disabled individuals  
and families  
in financial crisis  
achieve stable and  
independent lives.”*

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**Friday • April 27, 2012 • 8:30 a.m. - 4 p.m.**

**St. Philip's In The Hills Episcopal Church**

\$35 each or \$25 per member for groups of three or more  
Register now at [www.icstucson.org](http://www.icstucson.org) or by calling 520-297-2738 ext. 233.

According to the surgeon general, over half of Americans experience a mental disorder at some point in their lives. This important conference addresses the powerful intersection of faith and mental illness to give participants useful insights to help their own faith communities better serve congregants and caregivers affected by mental illness.

**The Rev. Susan Gregg-Schroeder**, founder of Mental Health Ministries, will present her keynote address, “Mental Illness as a Spiritual Journey.” Workshops will cover topics like addiction, aging and mental health, referral resources and options, and suicide awareness. A complete list of topics and presenters is available in the conference brochure at [www.icstucson.org](http://www.icstucson.org).



The Rev. Susan  
Gregg-Schroeder

Major funding for the conference is provided by **The David C. and Lura M. Lovell Foundation**. Additional sponsors include: **Community Partnership of Southern Arizona; The Fund for Civility, Respect and Understanding; The Roman Catholic Diocese of Tucson; CODAC Behavioral Health Services, Inc.; El Rio Health Center; Episcopal Community Services; South District of the Desert Southwest Annual Conference of the United Methodist Church; St. Philip's In The Hills Episcopal Church; and Tucson Faith Community Nurse Network.**

## Celebrate Mother's Day With Music



Classical pianist **Dr. Alexander Tentser** and **Anna Gendler**, a violinist with the Tucson Symphony Orchestra, will perform love songs by Bach, Beethoven, and other classical composers at a Mother's Day concert to benefit ICS.

The concert was inspired by the couple's desire to use their musical gifts to help others. “*Anna and I have experienced adversity in our lives,*” said Dr. Tentser, “*and we are grateful that we can offer this concert to give back to others who are less fortunate. Music is a wonderful way to bring people together for a common cause. We want to support the universal message of service that is part of so many different religions.*”

The concert is **Sunday, May 13 at 2 p.m.** at **Rincon Congregational United Church of Christ**, where Dr. Tentser serves as the accompanist. The **suggested donation of \$15** per person will go to ICS and our programs to help people in need. Light refreshments will be served in the church's fellowship hall following the concert.

# Thank You For Helping ICS Fill “Empty Bowls”

Our first “Empty Bowls” fundraiser for the ICS Food Bank sold over 750 tickets and made \$20,000 for our efforts to alleviate hunger in Pima County. Thank you to all who came out for the event!

Everyone who attended selected a handcrafted pottery bowl to take home. Fifty local potters and volunteers created more than 800 bowls for the event.

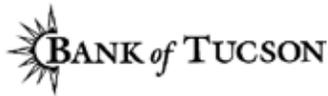
“What a fabulous day!” said Sara, who came with a group of friends. “I had a hard time picking out my bowl—there were so many beautiful ones to choose from. Count me in for next year!” Steve, a volunteer, commented: “It’s amazing to see so many people come out to support ICS. Everyone loves the soup; I can’t ladle it fast enough,” pointing to the potato-leek soup he was dishing.

**Eighteen restaurants and food vendors pleased the crowd with samplings of soup, bread, dessert, and cheese:**

Bob’s Steak & Chop House at Omni Tucson National • Cabot Creamery • Caffe Torino • El Charro Café • El Coqui Creative Caribbean Cuisine • Fox and Hound • Gourmet Girls Gluten Free Bakery/Bistro • The Grill at Hacienda Del Sol • Harvest • Heritage Highlands at Dove Mountain • It’s Greek to Me • Jasper Neighborhood Restaurant & Bar • Jax Kitchen/the Abbey Eat + Drink • La Baguette Bakery • La Vista Café at Hilton El Conquistador • My Big Fat Greek Restaurant • Outback Steakhouse • Village Bakehouse.

Please visit [www.icstucson.org](http://www.icstucson.org) for more “Empty Bowls” information and photos!

## A BIG thanks to these event sponsors:



Dorothy D. Vanek  
Wendell and Rose Tyson  
Colleen and Ron Weyers /  
Weyers Family Foundation  
Steve and Ruth Pollyea  
Richard and Judy Weill



1953 - 2012



The crowd was in a festive mood for the event.



The beautiful weather made the patio a popular spot.



The biggest challenge of the day: choosing a bowl!



Empty Bowls Chairwoman and potter, Cathy Parsons, with volunteers Nanette and Gail.

## More Events Support ICS!



The Vistoso Challenge 48 Charity Bike Ride in January raised \$2,800 to benefit ICS! The ride was sponsored by the **International Christian Cycling Club** and members of St. Andrew’s Presbyterian Church.



Dozens of walkers and their supporters raised \$1,700 for the ICS Food Bank at the North Pima County CROP Walk in March.

## Giving Back

At ICS we often see how the power of kindness can touch someone’s life. Recently **Todd**, a past client, sent ICS a \$10 money order and a letter that read:

*“Dear Staff: You helped me with food when I was homeless, and also with a couple of bus passes. Thank you for helping me then. This is to pay it back. Please use this for your work there.”*

Because of our supporters, Todd was able to get back on his feet and can now help others. His story is a great reminder that every donation helps, no matter the size!

# Eastside Resource Center Open!

**Hours:** Monday – Thursday, 10 a.m. to 3 p.m.

**Location:** 8701 E. Old Spanish Trail

(on the campus of New Spirit Lutheran Church)

Nearly 20% of American workers are unemployed or underemployed. The **ICS Resource Centers** help job-seekers with tools to make them more competitive in today's job market. Like the Center at our main office, our eastside Resource Center assists clients with job searching, writing a résumé, applying for public benefits, and improving basic computer skills. A collaboration with "Building Futures for Families" (**Arizona Youth Partnership**) adds programs for strengthening relationships within families. If you or someone you know could benefit from these services, stop in—no appointment needed!

## Volunteers Wanted

- Help homebound individuals as an **ICS Mobile Meals** driver. Regular drivers and substitutes are needed for routes in Flowing Wells, Oro Valley, Foothills, Sun City, and northwest Tucson.
- Computer-savvy volunteers are needed at both **ICS Resource Centers** to assist clients with job searches and basic skills.

### Volunteer Orientation Schedule

- Wednesday, April 25
- Thursday, June 28
- Thursday, May 10
- Thursday, July 12
- Wednesday, May 23
- Wednesday, July 25
- Wednesday, June 13

Orientations are held in the ICS conference room at 2820 W. Ina Road from 10 a.m. to noon. To register or for more information about volunteering at ICS, contact **Sandi Brickley** at 297-2738 ext. 217.

## Honoring Our Volunteers



This year's awardees turned out in their best Hawaiian wear

A hundred and forty people gathered on February 26 at St. Andrew's Presbyterian Church to celebrate our volunteers' work in the community. Everyone was transported to the beautiful shores of "Hawaii" for a festive luau, complete with hula dancers! **Mike and Rhonda Mumford** and **Ed and Kay Jenkins** received the 2012 Directors Award. Mike has been key to several successful golf tournaments on behalf of ICS; last year's tournament netted \$26,000. Rhonda organizes an annual multi-company competitive food drive which recently brought in four tons of food for our Food Bank. The Jenkinse established the ICS Endowment. Ed served as President of ICS's Board for four years and still volunteers at the front desk each Monday, while Kay supports many of ICS's events throughout the year.

**Beverly Jennison, Lola Pyle-Vinzant** and the Three Musketeers—also known as **Andy Fiore, Brian Fitzgerald** and **Tim Powell**—were honored as Volunteers of the Year for their contributions that range from interviewing new recipients, faithfully helping at our busy front desk, and providing minor home repairs to clients. **Stephen Wolslager** and **The Wolslager Foundation** received the 2012 ICS Champion Award for providing the cornerstone financial support to build the new ICS Food Bank and encouraging other donors to join in the effort.

## ICS sticks to its mission of SERVICE

For every national or local issue, there are opposing and polar opinions. For this reason, ICS made the decision a long time ago that our one and only mission is to provide services to people in need. Our mission statement reads: *To help Pima County seniors, disabled individuals and people in financial crisis achieve stable and independent lives through programs and services supported by staff, volunteers, faith communities and the community-at-large.* Every day, we witness the power of bringing volunteers and diverse faith communities together for the purpose of providing compassionate basic services.



Lately, I have fielded several phone calls from constituents regarding ICS's stand on a number of political topics. It seems that ICS is sometimes confused with Pima County Interfaith Council (see [www.pimacountyinterfaith.org](http://www.pimacountyinterfaith.org)), an organization known locally for community action and advocacy. We recognize the efforts of PCIC and other agencies who conduct advocacy work, *but this is not ICS.*

To be clear and to quote directly from ICS's Guiding Principles, *ICS does not take positions on political, social, or religious issues. We do not support political candidates. Our services and volunteer opportunities are open and welcoming to all regardless of faith tradition. We remain a non-proselytizing environment.* Be assured that ICS will continue its 27-year tradition and stick to its mission of providing services to those most in need here in Pima County.

Please call me with any questions. You can obtain a copy of our strategic plan from our website or by calling our office. Thanks for all of your support.

Best wishes,

*Bonnie Kampa*

Bonnie Kampa  
ICS Executive Director  
[bkampa@icstucson.org](mailto:bkampa@icstucson.org)

## MEMORIALS AND TRIBUTES: 1/1 to 3/15

*Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS.*

*An acknowledgment is sent to both donor and honoree. Thank you!*

### **In Memory Of: Given By**

**Aleah:** Michael & Karen Cruce

**Sophie:** Ruth Robertson

**Peter Basola:** Ed & Karen Louy

**Dorothy Joan Bies:**

Judy Gould & Meredith Gould

**Eugene Ray Brown Jr.:**

Larry & Linda Keegan

**Dolores Davis:** Philip & Patricia Moorhead

**Nita Davisson:** Norman & Donna Wagner

**Ward & Norma Eddy:**

David & Marianne Parmenter

**Beau Felton:** David & Marianne Parmenter

**Tiena Fiske:** Casas Adobes Congregational Church, June Head, Betsy Sandlin

**Edna Fletcher:** Ron & Marjorie Dieckman

**Marjorie Funckes:** Arnold Funckes

**Maurice Grossman:** Bruce & Erin Williams

**Terry Lynn Hendricks:**

Pete & Sheila Lipera

**Judy Hubbell:** Jim & Connie Haakenson

**Sid Islin:** Naomi Islin

**Ann Leitch:** Dorothy Weslowski

**Rose Luna:** Andrea Dukes

**Roslynn:** Andrea Dukes

**Ray, Maureen & Sarah McClure:**

Patricia McClure

**Edward McNamara:**

Judy Gould & Meredith Gould

### **Garrett Mothersead:**

Edward & Beverly Korte, Dale Schmidt

**Alan Polley:** Steve & Cheryl Schmitt

**Tommy Reed:** June Head

**Joan Ritter:** Antonia Simpson

**William & Florence Schmidt & other departed family members:**

John & Margaret Schmidt

**Barbara Shade:** Roger & Karen Hobbie

**Lee Sherlock:** Mike Bauer, Bradley &

Helen Boyd, First Baptist Church

(Rebecca Bell), Virginia Flanigan, Don

& Rosalie French, Douglas Glover, Ethel

Haber, Dayle Lansman, Mario & Gale

Martinez, George & Brenda Mignon,

Gary & Cathy Nash, David & Marilyn

Nielsen, Mike & Eileen Pechulis,

David Peters, Al & Georgina Shinn, Gerald

Sweeney, Daniel & Beth Vance, Ann Vigil

**Mr. and Mrs. George Shidisky:**

Charles & Kathryn Shidisky

**Mr. and Mrs. Metro Skirayko:**

Charles & Kathryn Shidisky

**Victor Smith:** Jim & Connie Haakenson

**Barbara G. Sprung:** Pamela Putman

**Linda St. Laurence:** Joe Botsko

**Elizabeth Stimac:** Roger & Frances Trainor

### **In Honor Of: Given By**

**My First Great-Grandchild:**

Ward & Muriel Budzien

**Newcomer Alums Board of Directors &**

**Committee Chairs:** Kay Jenkins

**Tortolita Presbyterian Church:**

Robert & Joan Drake

**Martha Alejandro:**

Kautz Family Foundation (James Kautz)

**Tom Danielson:** Aara Arnold,

Gary & Barbara Guthrie, Ed & Carol

Hovasse, Lawrence & Eloise Keith

**Pat DeAnda:** Thomas & Mary Ann Hackett

**Sandra Fink:** Bettie Roosma

**Ruth Hanna:** Alexander & Claudia Pettit

**Darla Hunt:** Steven & Donna Douglas

**ICS Volunteers:** Byron & Patricia Snyder

**Dick and Bonnie Kampa:** June Head

**Clint Mabie:** ICS Board of Directors

**Bernice Menkin:** Janet M. De Keyser

**Terri Patt-Smith:** June Head

**Patricia Richardson:** Steven Richardson

**Jim and Ann Scheib:**

Edmund & Kathleen Jenkins

**Linda Somershoe:** Andrea Dukes

**Wendell & Rose Tyson:** Randy & Beth Steinle

**Caring Volunteers:** Byron & Patricia Snyder

**Linda Williams:** Jane Coffey

**Gregory & Lotti Wyes:** June Head

## HELP PROVIDE FREEDOM FROM HUNGER

### ICS City-Wide Food Drive June 1 – July 5, 2012

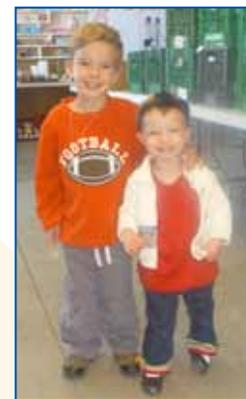
Did you know 29% of Arizona families with children have trouble putting food on the table?

You can help through our annual “Freedom from Hunger” food drive June 1 – July 5! As seasonal visitors leave town, food donations dip. This drive is critical to ensure ICS has supplies to meet the escalating demand for food. The ICS Food Bank serves up to 80 families a day, and we expect these numbers to increase as schools break for the summer.

As of press time, **Commerce Bank** has stepped forward to be collection sites for non-perishable food and cash donations. You can also drop off donations at the ICS office at 2820 W. Ina Road (Mon.-Fri. from 9 a.m. to 4 p.m.; Sat. from 9 a.m. to 1 p.m.), or at our Eastside office at 8701 East Old Spanish Trail from 10 a.m. to 2 p.m. Tues. – Thurs. **We most need pasta, spaghetti sauce, canned meats and meals, canned fruits, cereal, peanut butter and jellies.** We also accept fresh foods and dairy items at our Ina Road location. Please visit [www.icstucson.org](http://www.icstucson.org) and check our upcoming e-newsletters for a full list of donation sites. To become a **Freedom** collection site, contact **Curt Balko**, ICS Food Bank Coordinator, at 297-2738 ext. 231.

Special thanks to **Comcast**, our media partner, for running public service announcements to help us get the word out.

### You're Never Too Young To Start



Meet **Evan** and his little sister **Delaney**. For his birthday, Evan asked his friends for a different kind of present: food donations for the ICS Food Bank. Evan collected

60 items—enough to provide supplemental food to six families. You can follow Evan's example by participating in this summer's **Freedom from Hunger** food drive!

# Faith Community News

Sixty-five congregations are now affiliated with ICS and assist with our vital services. **We welcome these new partner congregations:**

- **Tanque Verde Lutheran Church** looks forward to enhancing service to neighbors on the eastside of town.
- **Alive Church**, with several of its members already ICS volunteers, is excited to extend its caring in northwest Tucson.
- **First Christian Church** is particularly interested in receiving and helping to implement ICS's senior services.

ICS faith community partners in action:

- **New Spirit Lutheran Church** and **Dove of Peace Lutheran Church** hosted the last two ICS Council meetings.
- A youth work group from **Faith Christian Fellowship of Tucson** visited the ICS Food Bank and did yard work around our facility.
- **Streams in the Desert Lutheran Church** hosted a "Write A Will" workshop sponsored by ICS.

We are blessed to serve with such dedicated communities of faith, bringing help and hope to so many of our neighbors.

We love visitors at ICS! Both of our offices are open for tours. To schedule a visit to ICS, to have ICS staff speak to your congregation, or to explore partnering with ICS, call us at 297-6049.

## Faith Communities and Health

Have you ever thought of your congregation as a health center? By their very nature, communities of faith are centers of health and healing: spiritually, physically, mentally, and socially. Like-minded people come together to grow their faith, support one another and serve their community. These aspects of congregations have positive impacts on participants' physical and emotional health. Congregation-based programs for health education and health checks foster whole-person health awareness.

ICS continues to work with congregations to develop or enhance their health ministries and programs. For example, **Ascension Lutheran Church** and **St. Cyril of Alexandria Catholic Church** have presented health fairs to give members and neighbors better access to health information and resources. Health-enhancing programs might include seminars on nutrition or parenting, prayer groups, blood pressure or cholesterol checks, or visiting the sick. To schedule a consultation regarding a health program in your congregation, contact **Karen MacDonald** at [kmacdonald@icstucson.org](mailto:kmacdonald@icstucson.org) or 297-2738 ext. 221.

## Grants and Corporate Gifts

ICS appreciates the following recent foundation, community and corporate gifts:

Welcome Club of the Northwest  
Mutual of Omaha Bank  
Jewish Federation of Southern Arizona  
Waters Corporation  
Thrivent Financial for Lutherans  
Bear Creek Herbs, LLC

Omni Tucson National's Women's  
Golf Association  
David C. and Lura M. Lovell  
Foundation  
Minnesota Club (Sun City Vistoso)  
Haugh Foundation



## ICS Health Advocacy

When **Shirley** called ICS to start receiving rides to the doctor, the first person who came to her door was not a driver but a health advocacy volunteer.

The **ICS Health Advocacy** program is an essential first step for all new recipients requesting caregiving services. Each recipient receives an in-home evaluation before receiving rides, friendly visiting or calls, Mobile Meals, home repairs, or assisted shopping.

Volunteers with a background in medicine or social services visit new recipients to assess their needs. *"The volunteers don't act in their 'official' capacity during the evaluations,"* says **Andrea Rogers**, ICS Health Advocacy Coordinator, *"but their past experience makes them very alert to recipients' needs. They can ask the right questions."*

The gathered information ensures ICS is able to provide appropriate services and helps us connect recipients to all the services they need, both at ICS and beyond. *"We connect the dots for people and let them know about programs that will help them be safe and independent,"* Rogers notes.

The health advocacy volunteer who visited Shirley noticed she used a walker to get around and suggested she get railings in her bathroom for safety. The ICS Handy Helpers installed the railings for her. In addition, the volunteer told Shirley about the ICS TeleCARE program. *"ICS has helped me so much,"* Shirley said enthusiastically. *"Now I can get to the doctor when I need to, and someone calls me each day to make sure I'm doing okay."*

# Lowering the Risk of Stroke in Women (and Men)

ICS is pleased to feature our Corporate Platinum Partner, the University of Arizona Medical Center, in this newsletter.

By Leslie Ritter, PhD, RN, & Bruce Coull, MD

Every year, more women than men suffer a stroke. Why? Women live longer and stroke rates increase substantially with age. As an increasing proportion of women reach their eighth and ninth decades, an even greater number are expected to be affected by stroke.

Women are an average of four years older than men when they have a stroke. They also are more likely to have significant risk factors, such as atrial fibrillation (an irregular heart rhythm) and hypertension (high blood pressure). Treating these conditions can significantly reduce the risk of first or recurrent stroke.

If you are an African, Mexican or Native American woman, unfortunately your stroke risks are higher than your Caucasian counterparts.

Several studies of hormone replacement therapy (HRT) have focused on whether HRT can prevent cardiovascular disease in postmenopausal women. While some debate continues, the general consensus is that HRT is not beneficial in preventing stroke in postmenopausal women who are healthy or have had a previous stroke.

In women of child-bearing age, the use of oral contraceptives is associated with an increased stroke risk, particularly among smokers. This makes screening for stroke risk prior to the use of oral contraceptives extremely important.

The vast majority of strokes in both women and men are ischemic strokes in which an artery supplying the brain is blocked, depriving it of oxygen and nutrients. However, women are at higher risk for the other major type of stroke: called hemorrhagic stroke, a rupture of an artery in the brain. The triad of female gender, cigarette smoking and hypertension increases the risk of hemorrhagic stroke. A transient ischemic attack (TIA) has all the symptoms of a stroke, but

symptoms disappear, usually within an hour (therefore transient), with no permanent brain damage. However a stroke with permanent brain damage often follows a TIA. Seeking prompt medical attention is essential, even if stroke symptoms resolve.

When a stroke happens, women and men experience similar symptoms. They also seek help in comparable numbers, but unfortunately they often do not seek help fast enough.

**Therapy to dissolve the clot in the artery is only effective during the early hours of a stroke. It is important to call 9-1-1 at the onset of symptoms.** A brain attack is a medical emergency just like a heart attack.

## STROKE CARE

Hospital care for women and men with stroke is the same. Extensive research demonstrates that when stroke care is delivered according to best practices, patient outcomes improve. In March 2009, **The University of Arizona Medical Center obtained Joint Commission Primary Stroke Center certification, the first to do so in Southern Arizona. This designation ensures a team approach to the delivery of quality stroke care from the time the patient enters the emergency department through the time of discharge.**

Disability and reduced quality of life after stroke may affect a person for years. While the overall incidence, risk factors and outcomes for stroke are different in women than in men, attention to risk reduction and formalized stroke care has the potential to reduce these disparities.

*Leslie Ritter, PhD, RN, FAAN, is a coordinator of The University of Arizona Medical Center Primary Stroke Center, and a faculty member of the UA College of Nursing, Department of Neurology and the Sarver Heart Center.*

*Bruce Coull, MD, is a faculty member of the UA Department of Neurology, associate dean for Clinical Affairs, UA College of Medicine, and member of the Sarver Heart Center.*

## You could be having a stroke if you experience:

- Sudden numbness or weakness of the face, arm or leg
- Sudden confusion, or trouble speaking or understanding
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

## You are at greater risk of having a stroke if you:

- Have atrial fibrillation
- Have high blood pressure
- Smoke cigarettes
- Have high cholesterol
- Have diabetes
- Have heart or blood vessel disease
- Are age 55 or older
- Have had a stroke or TIA
- Have sickle cell disease
- Have a high red blood cell count
- Take birth control medication

## Tucson Community Stroke Support

**Group** meets every second Monday of the month at the University of Arizona Vine Building, 1125 N. Vine, Tucson, from 11:30 a.m.-1 p.m. A light lunch will be served. Please park in the lot immediately adjacent to the building (free) or in the Highland Garage (fee for use), which is north of the Vine Building. RSVP at 626-2901.

## FREE STROKE CHECK Saturday, April 14 8 a.m. - 12 Noon

**No Appointment Required -  
Walk-ins Only  
The University of Arizona Medical  
Center - Cafeteria Dining Rooms  
1501 N. Campbell Ave., Tucson**



**THE UNIVERSITY OF ARIZONA  
MEDICAL CENTER**

# Welcome Aboard



**Terry Alexander** joins the ICS team as the Executive Administrative Assistant. Terry has served in a variety of administrative roles for various Boards of Directors, nonprofit organizations, and local corporate positions over the past 17 years. She holds a Public Health degree from the University of Northern Colorado.



**Brenda Soto**, our new Accounting Assistant, has seven years of experience in the behavioral health field and has been working with nonprofits for almost a decade. She is currently attending the University of Phoenix and will graduate in November with a B.S. in Human Services.



## Join us for a sweet round of thanks!

Since opening last October, the new ICS Food Bank has served thousands of people in need. On **April 13**, we're serving up sweet treats and sweet thanks in appreciation to everyone who made this wonderful facility possible.



- **2 to 5 p.m.** Ice cream, tours of the ICS Food Bank, and special music by **Bill Ganz**, Western singer and guitarist
- **3:30 p.m.** Dedication and donor tile wall unveiling to honor the community and supporters who made the new ICS Food Bank a reality

All are welcome! Please bring a donation of one or more of our April items of the month (spaghetti sauce, canned meats, milk or eggs) to help fill the ICS Food Bank shelves and refrigerators.

For more information, visit [www.icstucson.org](http://www.icstucson.org) or call 297-6049. Thank you for supporting our work and mission!

## ICS Thanks Our Corporate Partners

### PLATINUM



THE UNIVERSITY OF ARIZONA  
MEDICAL CENTER



### GOLD



### COPPER



MacCourt Fund



## Corporate Matching Gifts

### Double your donation to ICS!

Corporate matching gifts are a great way to maximize personal contributions to Interfaith Community Services, while increasing the impact of your gift. By taking advantage of a company's matching gift benefit, you may be able to double or even triple the amount of a contribution that will go a long way toward helping to sustain vital programs and services at ICS.

Many local employers match employee gifts to ICS. Each company has its own guidelines for employees, spouses, retirees and widows/widowers. To have your gift matched, contact your Matching Fund Administrator, Human Resources or Public Relations Office; they will provide you with instructions on how to obtain your match online or provide you with the form to send to ICS with your gift.

#### Employers providing matching gifts to ICS:

- |                         |                                  |
|-------------------------|----------------------------------|
| 3M                      | Pfizer Foundation                |
| Aetna                   | Prudential Foundation            |
| Alcoa Fastening Systems | RBC Royal Bank of Canada         |
| Eli Lilly               | Raytheon Missile Systems         |
| Home Depot Foundation   | Sanofi-Aventis                   |
| Intuit                  | Thrivent Financial For Lutherans |
| Merril Lynch            | Waters Corporation               |
| Morgan Stanley          |                                  |
| Pella Rollscreen        |                                  |

If you do not see your company listed, if you would like more information on corporate matching programs, or if you are a business that would like to match employee gifts to ICS, please contact the Development Office at 297-2738 ext. 222.

**DONATE YOUR CAR!** Earn a tax deduction and support our mission by donating your unwanted vehicle. Call 1-877-537-5277 or email [donations@careasy.org](mailto:donations@careasy.org) to start the easy process, anywhere in the U.S. ICS has received over \$10,000 so far from car donations...much-needed funds for our programs. See [www.icstucson.org](http://www.icstucson.org) for more details. *Thank you!*



**Main Office:**

2820 W. Ina Road  
Tucson, Arizona 85741  
*on the campus of Christ the  
King Episcopal Church*  
Phone: 520-297-6049  
Fax: 520-797-3029

**Eastside Office:**

8701 E. Old Spanish Trail  
Tucson, Arizona 85710  
*on the campus of New Spirit  
Lutheran Church*  
Phone: 520-731-3076  
Fax: 520-731-8906

Email: [info@icstucson.org](mailto:info@icstucson.org)  
[www.icstucson.org](http://www.icstucson.org)

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## ICS THANKS OUR PARTNERS!

**Faith Communities:**

Aldea Spiritual Community  
Alive Church  
Ascension Lutheran  
Avra Valley Community Church  
Beautiful Savior Lutheran  
Canyon del Oro Baptist  
Capilla del Sol Christian  
Casas Adobes Congregational UCC  
Catalina United Methodist  
Christ Presbyterian  
Christ the King Episcopal  
Church of the Apostles Episcopal  
Church of the Painted Hills UCC  
Community Christian Church  
Marana  
Congregation Anshei Israel  
Congregation Chaverim  
Congregation Or Chadash  
Congregation M'kor Hayim  
Cortaro Vista Community Church  
Desert Skies United Methodist  
Dove of Peace Lutheran  
Faith Christian Fellowship of  
Tucson

First Christian Church  
Fountain of Life Lutheran  
Grace St. Paul's Episcopal  
Immanuel Presbyterian  
Local Spiritual Assembly of  
Baha'is of Oro Valley  
Mountain Shadows Presbyterian  
Mountain View Baptist  
New Spirit Lutheran  
Northminster Presbyterian  
Northwest Baptist  
Northwest Community Friends  
Church  
Northwest Heights Seventh Day  
Adventist  
Oro Valley Church of the Nazarene  
Oro Valley United Church of  
Christ  
Our Saviour's Lutheran  
Pusch Ridge Christian Church  
Resurrection Lutheran  
Rincon Congregational UCC  
Sanctuary United Methodist  
Southside Presbyterian  
St. Andrew's Episcopal Church

St. Andrew's Presbyterian  
St. Elizabeth Ann Seton Catholic  
St. Francis in the Foothills United  
Methodist  
St. John on the Desert Presbyterian  
St. Mark the Evangelist Catholic  
St. Mark's Presbyterian  
St. Mark's United Methodist  
St. Matthew's Episcopal  
St. Michael & All Angels Episcopal  
St. Odilia Catholic  
St. Philip's in the Hills Episcopal  
Streams in the Desert Lutheran  
Tanque Verde Lutheran Church  
Temple Emanu-El  
Temple La Uncion  
Third Church of Christ, Scientist  
Tortolita Presbyterian  
Tucson Community of Christ  
Unity of Tucson  
U.U. Church of Tucson  
U.U. Congregation of NW Tucson  
Vida Nueva/New Life Church of  
God

**Major Community Partners:**

Arizona Youth Partnership  
City of Tucson Human Services  
Department  
Community Food Bank  
Lutheran Social Services of the  
Southwest  
Pima Council on Aging  
Pima County Community Action  
Agency  
Pima County Community  
Development & Neighborhood  
Conservation Department  
United Way of Tucson & Southern  
AZ

**ICS Mobile Meals Partners:**

Amber Lights  
Atria Campana Del Rio  
HealthSouth Rehabilitation  
Hospital  
Northwest Medical Center  
Oro Valley Hospital  
Santa Catalina Villas