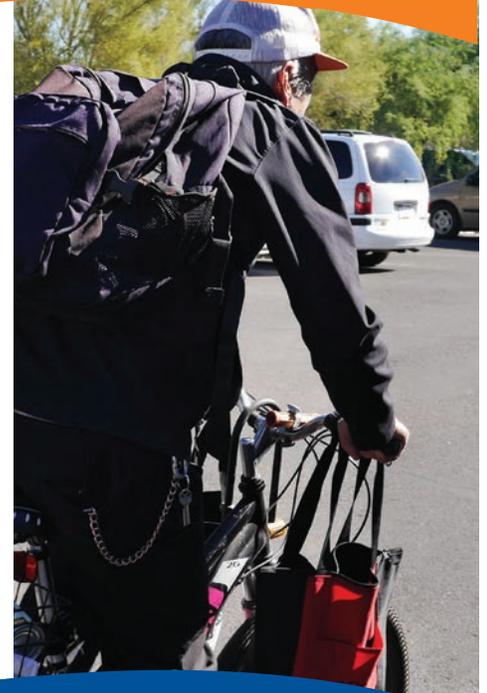


IN THIS ISSUE:
REACHING OUT TO FIGHT
LONELINESS **P3**
BE A CHAMPION
OF HOPE **P4**
TAKING CONTROL OF
YOUR MONEY **P11**



ICS Food Bank Fills Most Basic Need

David rides his bike to the ICS Food Bank once a month. It's the time of month when he's run out of food—what he bought with his Social Security check only lasts so long—so a visit to the ICS Food Bank gives him enough to eat until his check comes in the mail again. He doesn't own a car and rides nearly 11 miles round trip, but he doesn't complain. With a bag of bread hanging on the handlebars, cans in the bike basket and more food stuffed into his backpack, he makes it home. David is one of more than 28,000 people the ICS Food Bank serves in a year; nearly a third of them are children.

The ICS Food Bank assists a wide variety of people. They include the young woman in her 20's who has a job, but doesn't get paid enough to make ends meet, the grandmother raising two grandchildren now, possibly

a third in the future. The mother of seven, able to get large sizes of staples like rice or oatmeal to feed her children at home. The retired military man stopping by to get food for himself and more to give to his friends who need it. Recently it was a caseworker who drove a woman to the ICS Food Bank after she noticed a lack of food in the woman's apartment—all the more alarming because the woman often cares for her 18-month-old granddaughter.

These are the people you are helping when you donate to ICS. Summer brings with it a challenge to keep the shelves stocked at the ICS Food Bank. Will you be in Tucson this summer? Please consider holding a food drive for ICS that will keep food available to the children and families who need it. Thank You!

Drive to Make a Difference

As the temperatures rise in the months ahead, the number of ICS volunteer drivers drops from about 250 drivers to 80. These drivers are vital to the mission of ICS because giving someone a ride to the doctor's office or grocery store can be what keeps them living a stable, healthy and independent life.

Do you have some extra time this summer, or do you know someone who might be able to help? Delivering Mobile Meals or giving someone a ride can be a great learning experience. Contact Volunteer Resources Manager Tori Carlson at tcarlson@icstucson.org or call 297-6049 ext. 217.

A Word from the CEO



Dear Friends of ICS,

It's exciting to be part of a spring season of growth here at ICS. As the American businessman and philanthropist J.C. Penney once said, "Growth is never by mere chance; it is the result of forces working together." From a record-breaking Empty Bowls event, supported by a dedicated volunteer committee that raised over \$72,000 for the ICS Food Bank, to an amazing conference on the role of faith communities and well-being—it's been a growth season at Interfaith Community Services.

Recently, I've been struck by the unique role of ICS to bring people, faith communities and community partners together to bring help, hope and health to those in need. Here are just a few examples of how ICS brings people together to serve:

- A recent participant in our Care Partners program which links ICS, Banner University Medical Center and our partner faith communities together to provide non-medical support, who writes a beautiful hand-written note to thank our dedicated volunteers for showing up to help
- An event like Empty Bowls that draws businesses and agencies that are strong competitors to set aside their battle for customers to support families facing hunger and poverty

Each of you as friends of ICS bring strength and contributions that make this collaborative outreach possible, at a time in our nation where much is being made of our differences, you help us come together to serve families in crisis and vulnerable seniors. Thanks for standing with us!

Serving with you,

Daniel Stoltzfus



"Helping seniors, disabled individuals and families in financial crisis achieve stable, healthy and independent lives."



A big thank you to all of you who came forward to support ICS on Arizona Gives Day!

We raised \$8,705 in the 24-hour period of online giving! Your support means we can continue to help families in crisis who need financial assistance in paying rent or utilities, people in need coming to the ICS Food Bank, seniors and disabled people who need transportation to the doctor's office or grocery store, and the many other people ICS helps with programs in:

Faith and Community Health Education and Awareness
Self-Sufficiency Programs
Caregiving and Senior Services
Emergency Assistance

Thank You!

Email: info@icstucson.org **Website:** www.icstucson.org

Main Office:

2820 W. Ina Road
Tucson, AZ 85741
campus of Christ the King Episcopal
Ph: 520-297-6049

Eastside Office:

8701 E. Old Spanish Trail
Tucson, AZ 85710
campus of New Spirit Lutheran
Ph: 520-731-3076

Marana Resource Center:

13644 N. Sandario Road
Marana, AZ 85653
campus of Arizona Youth Partnership
Ph: 520-297-6049 ext. 243

Southside Volunteer Office:

6740 S. Santa Clara Avenue
Tucson, AZ 85756
campus of Santa Clara UMC
Ph: 520-547-0066

Reaching Out to Fight Loneliness



With phone in hand and a heart for people **Tanya** becomes a warrior in the fight against isolation. She calls about 15 people regularly to talk, laugh and listen as part of the ICS TeleCHAT program. Her phone call is often the only social contact for home-bound seniors—unable to get out on their own, yet still able to live independently. They are grateful to hear from her and the many other ICS volunteers reaching out.

Tanya looks at her volunteering as a way to give back. She receives ICS transportation services to the grocery store and doctor's office and started volunteering about six months ago.

"They're very isolated, but they get to stay at home and that's most important to them," says **Jim**, another volunteer, who makes weekly calls to about 15 people ranging from 86 to 95 years old. As a 95-year-old man told Jim the other day, "This just makes my day." Jim volunteers in the ICS TeleCARE program, calling to check on people in the morning, but using that time also for friendly conversation. "Isolation is a big factor in people's state of well-being," says **ICS Health Advocacy Coordinator Mara Levin**. "A decrease in isolation can ease depression and increase life satisfaction."

Gary Eary enjoys regular visits from ICS volunteer **Kathy Kroninger** who started delivering Mobile Meals to him and



Gary has been a longtime recipient of ICS Services. Volunteer Kathy Kroninger visits regularly and drives him to doctor appointments.

saw the clear need he had for more people in his life. "If it weren't for that, I'd go nuts," he says. Gary uses a wheelchair since cerebral palsy has left him unable to walk and now able to only use his right arm.

He's published one book of poems and continues to write by composing and memorizing poems in his head, then sharing them with Kathy so she can write them down. "He has a good mind," Kathy says.

What difference can a phone call or visit make? A world of difference, according to the people who receive them. In simple, often cheerful ways, friendly phoning volunteers are more than a connection to ICS and the outside world for those they serve. They remain an essential lifeline!

Keynote Speaker **Dr. Anne Borik** engages the audience in Sign Chi Do, a movement-based meditation program grounded deeply in prayer. Dr. Borik developed the program to help people use movement to "quiet the chatter" of our minds and help in healing. Participants learned sign gestures to incorporate with music and were encouraged to add their own motions in a healthy and life-giving way.



More than 330 people attended the "Faith Communities and Well-Being" conference held Friday, April 8 at Oro Valley Church of the Nazarene, with a focus on integrative health. Workshop topics varied from your diet and digestive system to warning signs of suicide to actions faith communities can take to improve the health of their congregation. Major funding for the conference was provided by The David and Lura Lovell Foundation, Cenpatco Integrated Care, and Community Partners, Inc. Thanks to all who took part—here's to your health!

Retired ICS CEO **Bonnie Kampa** was on hand to recognize volunteers serving as liaisons in the



ICS Care Partners program who received the inaugural "Bonnie Kampa Faith and Community Health Volunteer" awards in her honor. Below, from left to right are: **Bob Stanton** and **Chuck Jones**, St. Philips In The Hills Episcopal; **Quentin Peterson** and **Kathy DeVinney**, Our Saviour's Lutheran; **Nancy Cohen**, Congregation Or Chadash; **Mireille Bearden**, Mt. Calvary Baptist; **Diana Gertz**, First United Methodist; and **Art Aldag**, St. Francis in the Foothills United Methodist. Not pictured is **Jessie Hansen**, First United Methodist.





Be a **Champion of Hope.**



Be a Monthly Giver and Do More Good Than You Ever Imagined.

Your monthly donation will mean so much to someone struggling to overcome hunger, homelessness, unemployment or isolation. And by giving monthly, you can make your support at ICS go even further.

Three great reasons to become a **Champion of Hope** monthly donor today:

It's convenient—choose your monthly gift amount when you sign up at www.icstucson.org. You can change or cancel at any time.

It's efficient—Less paperwork! We'll send an annual statement in January so deducting your gifts is easy.

It's effective—You'll provide a reliable stream of support to help ICS. Together, we can change and improve lives every day.

86¢ of every dollar you give to ICS goes directly to services to help people!

Questions? Please contact Deborah Carr, Philanthropy Director at dcarr@icstucson.org or 520-297-6049 ext. 222.

\$25 a Month Helps 24 unemployed individuals find or keep a job
\$50 a Month Feeds 36 families at the ICS Food Bank
\$100 a Month Keeps 12 families from becoming homeless
\$500 a Month Provides daily nutritional meals for 26 frail and homebound seniors



Children visiting the ICS Food Bank or Welcome Center are invited to choose and take home a free book.

Do you have any new or gently used books you are no longer using? Drop them by our Main Office at 2820 W. Ina or the Eastside ICS Office at 8701 E. Old Spanish Trail. Thank you!

Our Appreciation

to the following businesses and private and family foundations for their recent grants and gifts:

- Cenpatico
- Chevron Matching Employee Fund
- Blessings Fund at the Community Foundation for Southern Arizona
- Fund for Civility, Respect and Understanding at the Community Foundation for Southern Arizona
- Kroger Foundation/Fry's Rewards
- The David and Lura Lovell Foundation
- Ocotillo Entertainment LLC
- Pella Rollscreen Foundation/Corporate Matching Gifts
- Sanofi-Aventis
- Shell Oil Company Foundation
- Corporate Matching Gifts
- Carl and Mabel Shurtz Foundation
- Sierra Pacific Airlines
- Splendido at Rancho Vistoso
- Thrivent Financial for Lutherans
- Foundation Corporate Matching Gifts
- Trico Electric Cooperative
- Union Pacific Foundation
- Walmart Corporate
- Whole Foods

Volunteer Update

National Volunteer Week in April gives us a chance to recognize the work done by more than 750 volunteers at ICS. It's work that amazes us all year long.

Volunteers stock food in the ICS Food Bank, answer the phones at the front desk, drive their own car or the ICS van to get people to the grocery store or doctor's office, and help in many other ways.

Last year, ICS volunteers worked nearly 55,000 hours!

Would you like to be a part of this great work? Parents with children home for the summer often find volunteering is a great way to spend time together.

Go to www.icstucson.org and click on the **Volunteer** tab to find out more and register for a **Volunteer Orientation**. Or contact **Tori Carlson** at tcarlson@icstucson.org or 297-6049 ext. 217.

Volunteer Orientation

Northwest 9:30am-noon
2820 W. Ina Road
Monday May 9
Monday June 6

Eastside 1-3pm
8701 E. Old Spanish Trail
Thursday May 12
Thursday June 9

Southside 10am-noon
6740 S. Santa Clara Avenue
Friday May 6
Friday June 10

Compassionate Care



ICS volunteers fill a big gap: taking someone to the grocery store or doctor's office or helping in many other ways. In order to support volunteers, ICS offers a 2-hour workshop focusing on how to provide compassionate care and avoid burnout.

This workshop encourages volunteers to take care of themselves while they're helping others and to consider issues like isolation, grief and loss, or lack of resources that may be affecting recipients.

Volunteers are encouraged to know the boundaries in many areas like being over-involved or under-involved with a client, accepting or giving gifts and sharing personal information. The session also looks at how to provide supportive listening and how to respond to a crisis.

See page 8 for the next scheduled workshop on **"Compassionate Care with Healthy Boundaries."**

Valentine Donations

Mildred, who says she's "pushing 102," got a reason to smile when she received a handmade Valentine along with her Mobile Meals on Valentine's Day.



Volunteer **Emily Johns** gathered a group of friends to create some Valentine cards. She liked the idea because it gave her a way to help that didn't conflict with her busy work schedule. "I think everyone should feel loved and appreciated," Emily says.



Volunteer **Mary Foard** donated lotion and chapstick as a gift to go with the Valentines. And a group from **Oro Valley Church of the Nazarene** made more cards! The Valentines came as an added personal touch to recipients who count on the nutritious, regular meals brought to their door. ICS volunteer drivers deliver nearly 3,000 meals each month.



Martha and Jeff have been delivering Mobile Meals for seven years since they first heard about the need from their faith community. They say they enjoy helping and getting to meet people who inspire them with their attitude toward life.



Food Bank Vendor Awards

It is only with the support of generous donations that the ICS Food Bank is able to help more than 28,000 people in a year. Our thanks to several major donors who helped stock the shelves last year.

Platinum Plate Award

- **Community Food Bank/Agency Market**
462,286 lbs. of monthly food boxes
- **Edward Jones Financial Services**
71,520 lbs. of food items collected through the Edward Jones Bag-A-Thon
- **Fry's Grocery at Lambert & La Canada**
57,295 lbs. of discounted canned and packaged food

Golden Goblet Award

- **GAP Ministries**
32,401 lbs. of produce
- **eegee's**
25,579 lbs. of bread and cookies
- **Beyond Bread at Ina & Oracle**
17,478 lbs. of bread and bakery items
- **Breadsmith**
14,925 lbs. of bread and bakery items

Silver Spoon Award

- **Iskashitaa**
6,786 lbs. of fruit harvested from local trees
- **Einstein Bagels**
6,874 lbs. of bagels and bread
- **Big Lots at Ina & Thornydale**
6,813 lbs. of non-perishable food
- **Panera Bread at Oracle & Wetmore**
5,245 lbs. of bread and bakery items
- **Panera Bread at Oro Valley**
4,144 lbs. of bread and bakery items
- **Bookman's at Ina & Thornydale**
3,856 lbs. of books for children to take home after visiting the ICS Food Bank

Could This Be the Year You Win a New Ford Mustang?

Buy a raffle ticket—or several—from ICS and see what happens! This year Jim Click is offering a new 2016 Ford Mustang Shelby GT350 in the Millions for Tucson Raffle.

Buy one ticket for \$25 or 5 for \$100! **ICS gets to keep all the proceeds from the tickets sold.** Only 4,300 of these vehicles were manufactured by Ford with a list price of \$47,000. ICS has a limited amount of raffle tickets to sell!



Stop by the ICS Main Office at 2820 W. Ina between 9am-4pm Monday-Friday to buy your tickets! Or call 297-6049 ext. 228 to buy your tickets over the phone. The deadline to buy tickets is December 9. Good luck!

Thanks, Corporate Partners

Platinum

Gold

Silver



Copper

Thank You for Making Empty Bowls a Big Success!



Thank you for helping fight hunger in the 5th annual Empty Bowls fundraiser to benefit the ICS Food Bank!

Restaurants featured delicious soups, breads and desserts, the Silent Auction and raffle gave many people a chance to win beautiful and unique items, and participants took home a handcrafted, empty bowl as a simple reminder of hunger.

We are grateful for the work of a dedicated committee, 150 volunteers for the event, and generous artisans, sponsors, donors and restaurant partners. More than \$72,000 was raised to operate the ICS Food Bank which distributes more than \$1.8 million worth of food each year!

2016 Empty Bowls Committee

Rose Tyson & Sandy Ricker, Co-Chairs
 Terry Alexander
 Tori Carlson
 Kris Carr
 Shar Caulley
 Mollee Fitzgerald
 June Gutierrez
 Sandy Kreamer
 Cindy Lange
 Barbara Lounsbury
 Liz Rollman
 Greg Wetzell
 Karen Whitelaw

Pottery and Bowl Partners



ICS Empty Bowls Liaison
 Jada Crellin Ahern
www.southernarizonaclayartists.org



Marjon Ceramics, Inc.



Randolph Clay Studio
 Udall Clay Studio



Northwest Art Center
 Ellie Towne Flowing Wells Community Center

See a complete list of our pottery and bowl partners at www.icstucson.org.

Restaurant Partners

Bob's Steak & Chop House • Caffe Torino • Caridad Community Kitchen-Community Food Bank of Southern Arizona • Casas Adobes Post Acute Rehab • Cascades Retirement Center • Catalina Post Acute Care & Rehab • Catalina Springs Memory Care • Dedicated Gluten Free Bakery • eegee's • Elmcroft Of River Centre • Fountains At La Cholla • Gourmet Girls Gluten Free Bakery/Bistro • Hacienda Del Sol • Harvest • Hilton El Conquistador Resort • Iskashitaa • Kingfisher • La Canada Care Center • La Hacienda Family Mexican Restaurant • Mountain View Care Center • Mountain View Retirement Village • Noble Hops • Nothing Bundt Cakes • Splendido At Rancho Vistoso • Sunrise Senior Living

Presenting Sponsors:

Dorothy D. Vanek
 Wendell and Rose Tyson



Gold Ladle Sponsors:



COMMUNITY PARTNERS, INC.

Steve and Ruth Pollyea
 Richard and Judy Weill



Silver Ladle Sponsors:

ADOBE GASTROENTEROLOGY, PC



Gerald and Nyla Schwartz
 Alice Bostrom





Health Education Outreach

All presentations are free and open to the public.

"Living Through the End of Life" Wednesday, April 27, 10am-noon, ICS Main Office, 2820 W. Ina. What kinds of treatments do you think you will want or not want in life-threatening or end-of-life situations? Who do you want to make health care decisions for you and speak for you if you cannot? Take a look at making end-of-life care wishes and documenting them in advance care directives. RSVP to Health Advocacy Coordinator **Mara Levin at 297-6049 ext. 226 or mlevin@icstucson.org.**

"Compassionate Care with Healthy Boundaries" Tuesday, May 10, 10am-noon, ICS Main Office, 2820 W. Ina. Discuss how to provide care for older and vulnerable people while maintaining healthy boundaries and avoiding burnout. RSVP to Health Advocacy Coordinator **Mara Levin at 297-6049 ext.226 or mlevin@icstucson.org.**

"Bridging Faith and Health: Congregational Health Leader Training" May 12-13, 8:30am-4pm, Dove of Peace Lutheran Church, 665 W. Roller Coaster Road. This comprehensive, interactive workshop equips people in faith communities to develop health programs or ministries benefitting their members and neighbors. Congregation-based health ministries help people address all aspects of their health in the context of their faith. Possible areas might include nutrition, parenting, prayer groups, blood pressure or cholesterol checks, visiting the sick, or support groups for people affected by mental health problems. Plan to participate in this training to gain insights into building a health ministry in your congregation. Contact **Karen MacDonald at 297-6049 ext. 221 or kmacdonald@icstucson.org.**

"De-Escalating People with Challenging Behaviors" Tuesday, June 14, 10am-noon, ICS Main Office, 2820 W. Ina. Do you encounter people with challenging behaviors? Would you like to increase your skills in supportive listening, setting limits and de-escalating someone who is angry, agitated or overwhelmed? Gain knowledge and confidence through role-playing and discussion and learn how—and when—to call for outside help. RSVP to Health Advocacy Coordinator **Mara Levin at 297-6049 ext. 226 or mlevin@icstucson.org.**



Thanks, **Wheels for Kids!** Because of your support we are able to give out five new bikes to children of families we serve. Way to put a smile on a child's face!



ICS was invited to a Mass celebrated by **Bishop Gerald Kicanas** at the Community Food Bank of Southern Arizona. The bishop thanked all those who decided to make a difference by donating time or money to help feed the hungry.



Students from **Desert Christian Middle School** pulled weeds and raked and cleared the grounds outside the ICS Main Office on Ina. It was all part of a special week in March for the middle-schoolers to work outside the classroom with a focus on missions.

We appreciate the spring cleaning!



Faith Community Engagement News

ICS welcomes our newest partner faith communities! **Shalom Mennonite Fellowship**, led by Pastors Carol Rose and Tina Schlabach and **Abiding Savior Free Lutheran Church**, led by Pastor Debbie Kauffman, are very excited to be partnering in service with ICS. These congregations and their members have already been involved with ICS in various ways and look forward to continuing their participation. Here is a sampling of other ICS faith community partners in action:

- **CORE Life Ministries** brought many in their congregation to help paint and spruce up the ICS Campus.
- **Third Church of Christ, Scientist** held a concert and open house that benefited ICS.
- **Beautiful Savior Lutheran Church** created and distributed over 60 Easter baskets to give to children who



Members of Beautiful Savior Lutheran Church use the "Sunday Dollars"—dollar bills that come in the collection basket—to fund things like Easter baskets that were given to children at the ICS Food Bank along with school supplies and other gifts for children throughout the year.

visited the ICS Food Bank.

- **Temple Emanu-El and Northminster Presbyterian Church** hosted our most recent ICS Faith Council Meetings for advocates from our faith community partners.
- **Rincon Congregational United Church of Christ** hosted a classical music concert called "If Music Be the Food" where the proceeds went to the ICS Food Bank.

We are deeply grateful for the caring of our 89 Partner Congregations!

Together we're impacting many lives for the good. To schedule a visit to ICS or to have ICS staff speak to your congregation or to explore your

congregation joining ICS in the good work described in this newsletter, call our Community Engagement Director **Tim Kromer at 297-6049 ext. 201**.

Interfaith Community Services was founded in 1985 by six faith communities and is proud to work with 89 partnering faith communities today.

Abiding in Christ Fellowship • Abiding Savior Free Lutheran • Aldea Spiritual Community • Alive Church • Ascension Lutheran • Baha'i Faith - Oro Valley • Beautiful Savior Lutheran • Canyon del Oro Baptist • Capilla del Sol Christian • Casas Adobes Congregational UCC • Catalina United Methodist • Christ Church United Methodist • Christ Presbyterian • Christ the King Episcopal • Church of the Apostles Episcopal • Church of the Everlasting Gospel • Church of the Painted Hills UCC • Community Christian Church Marana • Congregation Anshei Israel • Congregation Bet Shalom • Congregation Chaverim • Congregation Or Chadash • Congregation M'kor Hayim • ConnectionPointe Church • C.O.R.E. Life Ministries • Cortaro Vista Community Church • Country Club at La Cholla Chapel • Desert Skies United Methodist • Desert Valley Adventist Church • Dove of Peace Lutheran • Ebenezer All Nations Seventh Day Adventist • Faith Christian Fellowship of Tucson • First Christian Church • First United Methodist Church • Fountain of Life Lutheran • Grace St. Paul's Episcopal • Grace Temple Missionary Baptist Church • Immanuel Presbyterian • Lord of Grace Lutheran • Lutheran Church of the Foothills • Manor Baptist Church • Maranatha Seventh Day Adventist • Mountain Shadows Presbyterian • Mountain View Baptist • Mountain Vista U.U. Congregation • New Life Bible Fellowship • New Spirit Lutheran • Northminster Presbyterian • Northwest Baptist • Northwest Community Friends Church • Oro Valley Church of the Nazarene • Oro Valley United Church of Christ • Our Saviour's Lutheran • Pantano Christian Church • Resurrection Lutheran • Rincon Congregational UCC • Rising Star Baptist Church • Sanctuary United Methodist • Santa Catalina Catholic • Santa Clara United Methodist • Shalom Mennonite • Southside Presbyterian • St. Alban's Episcopal Church • St. Andrew's Episcopal Church • St. Andrew's Presbyterian • St. Elizabeth Ann Seton Catholic • St. Francis in the Foothills United Methodist • St. John on the Desert Presbyterian • St. Mark the Evangelist Catholic • St. Mark's Presbyterian • St. Mark's United Methodist • St. Matthew's Episcopal • St. Michael and All Angels Episcopal • St. Odilia Catholic • St. Paul United Methodist Church • St. Philip's In The Hills Episcopal • Streams in the Desert Lutheran • Tanque Verde Lutheran • Temple Emanu-El • Templo La Uncion • The Good News Community Church • Third Church of Christ, Scientist • Tortolita Presbyterian • Trinity Presbyterian Church • Tucson Community of Christ • Unity of Tucson • Unity Spiritual Center of Peace • U.U. Church of Tucson • Vida Nueva/New Life Church of God • Water of Life Metropolitan Community Church

MEMORIALS AND TRIBUTES: 1/1/16–3/31/16

Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Memory Of: Given By

Two Friends: Ben & Chris Sternberg

Ryan Armstrong: Josephine Cordasco

Flory Bourne: Shira Menachem

Charlotte Browning: Dick & Bonnie Kampa

Dee Bultman: Unknown Donors

Gil Carillo: Judy Gould

Forrest Carr: Robert & Patricia Chester; Lynn Dgetluck; Janet Grace; Ed & Kay Jenkins; Dick & Bonnie Kampa; Bob & Joyce Lyons; Chris Moore; Steve & Ruth Pollyea; Jacqueline Shaffer; Wendell & Rose Tyson; Unknown Donors

Hal & Ruth Chadwick: Barbara Chadwick

Jan Christensen: Richard & Violet Davis

Hazel Coatsworth: Ed & Cindy Lewis

John Delli Santi: Josephine Cordasco

Robert Gamble: Linda Currin

Dick Goeman: Carol Goeman

Rev. Bill Haugh: Irene Gentry; Dick & Bonnie Kampa

June Head: Anonymous; John & Barbara Anderson; Hershel & Elizabeth Craig; Jerrie Fails; George & Peggy Gluski; Tom Jensen; Gene & Janie Morrison; Charlotte Patt; Terri Patt Smith; Jim Truitt

Dr. Emanuel Hellman: Sandra Younker-Hellman

1Lt. Daren Hidalgo: Robert & Mary Ann Nichols

Eugene Kreibich: Katherine Wells; Mary McGee

Leah Lewis: Terry & Shirley Coleman

Cecelia Moore: William & Betty Sebert

Betty Nye: Cordelia Lundquist

George Richmond: Sandra Richmond

Jim Roth: Chet & Elena Oldakowski

Walter G. Stoneman: Joann Stoneman

Peter Widlock: Elizabeth Richardson

Caryl Willand: Jacqueline Jones

In Honor Of: Given By

VFW Post 36: George Krzynowek

Brad Browning: Marilyn Browning

Suzanne & Dave Butler: Michele Vossler

Berenda Cullins Crellin: William & Kathleen Thomas

Jan DeKeyser: Bertha Wolfe

Hildreth Garb: Ahmad & Sharyn Rafieyan

Anthony Gatto: Kathleen Gatto

Suzette Gonzales: Bridget Roads

Sherry Jacobson: Robert & Selma Gevirtzman

Karen MacDonald: Ronald Feller

St. Andrew's Presbyterian Church: Mark & Leslie Sutton

Third Church of Christ, Scientist: Christine Negley

Clients of Stratton Advisors: Stratton Advisors

Lila Wood: Thomas & Sharon Crozier

Jenkins Family Legacy Society Members Let Their Light Shine On

What kind of legacy will you leave? Are you passionate about the work that ICS does and the lives that are touched? Would you like to continue to make a positive impact and help others long after you are gone from this life?

The **Jenkins Family Legacy Society** recognizes supporters who have made a current gift of \$10,000 or more to the ICS Endowment Fund or who have remembered ICS through a planned gift in their will or estate. The contributions of the members of this caring group help ensure the financial stability of ICS for the long term and provide a hand up to hope for poor, disabled and aging neighbors throughout our community for many years to come. We are pleased to recognize our newest legacy society members: **Michael and Lori Block** and **R. Larry and Susan S. Lane**.

Thank you to these wonderful contributors of the ICS mission and our services. If you have made such a provision in your estate planning, or expect to do so in the future, we would like to personally thank you now for your commitment to ICS. Please contact **Deborah Carr, ICS Philanthropy Director** at **520-297-6049 ext. 222** or **dcarr@icstucson.org** to share your plans or to obtain more information on the **Jenkins Family Legacy Society**.



Longtime supporters Kay and Ed Jenkins enjoy a taste of soup at the recent ICS Empty Bowls event.

ICS Staff Updates

Julie Bubul joins ICS as the new part-time Care Partners Program Coordinator. She has been a longtime supporter of ICS as a donor and volunteer. Julie has served in director roles with Pima Council on Aging, Pima Health Systems, and Arizona Long Term Care System. She has an MSW from Arizona State University and a Master of Arts from Brown University.

Thank You to Our Interns

Lydia Dettwyler came to ICS as part of the Disciples of Christ XPLOR Program last fall. She helped coordinate transportation, managed donations for the holiday Gifts of Warmth Drive, drove a recipient to dialysis every week, helped deliver food boxes and helped out wherever needed. She will continue working on a Bachelor's degree in Psychology.



Special thanks to interns (left to right) Lydia Dettwyler, Lorraine Heydorn and Lisha Smith who worked in many different areas helping ICS staff and clients.

Lorraine Heydorn is an undergraduate Public Health student at the University of Arizona. She has been helping recruit volunteers at the Southside Volunteer Office, assisting in the Caregiving Department and is participating in end-of-life educational opportunities, where she is interested in relevant topics such as allocation of care and family support systems.

Lisha Smith is pursuing a Master's in Social Work at Arizona State University. She has helped transport recipients, delivered Mobile Meals, presented Mental Health Safe Space workshops, participated in end-of-life workshops, and conducted home evaluations. She has enjoyed the "whole health" aspect of ICS and hopes to go into individual or group therapy.

Volunteer Tax Preparers Wrap Up Busy Season

For the eighth year in a row, a group of dedicated volunteers spent their Saturday mornings and Wednesday evenings during tax season helping people prepare their returns for free. The **Volunteer Income Tax Assistance (VITA)**



Clients bring required documents to the ICS Office, and volunteers take it from there, with the average session to prepare a tax return lasting about 45 minutes.

program is offered in partnership with United Way of Tucson and Southern Arizona. Over the years IRS-trained volunteers have helped hundreds of people with low incomes collect more than \$2.3 million in tax refunds. About 17 volunteers worked in the main ICS Office on Ina this year, preparing about 400

tax returns. Volunteer **Dan Prisble** says, "I think we all sort of like the challenge." The average income of clients runs about \$18,000 a year. Clients are interviewed first, then fill out paperwork and are assigned to a tax preparer with the average session taking about 45 minutes. The service is valuable, saving people potentially hundreds of dollars in fees to prepare a return, and making sure they receive the tax credits they deserve. At the ICS Eastside Office, AARP volunteers helped low-income families, filing hundreds of returns this tax season.

Managing Your Money

Led by a volunteer with a background as a math teacher, "**Taking Control of Your Money**" tackles subjects that many people prefer to avoid, such as credit card debt, developing a budget or cutting back on expenses. The workshop is useful for everyone, but especially targeted to people who are struggling to make ends meet and want to stop living from paycheck to paycheck. Participants are welcome to



Volunteer Phyllis Fassio developed the workshop curriculum after retiring and wanting to do something for the community.



Participants break down monthly expenses to see where the money goes.

ask questions, share advice and learn from each other. One participant says, "I took this class to break everything down." "**Taking Control of Your Money**" will be offered again this summer at the ICS Main Office on Ina; call **Tandala Kidd at 297-6049 ext. 243** for more information.



2820 W. Ina Road
Tucson, AZ 85741

NONPROFIT ORG
U.S. POSTAGE
PAID
TUCSON, AZ
PERMIT #2874



Our thanks to 8-year-old **Jake** who asked guests coming to his birthday party to bring food donations as a gift. **Jake** and his mom **Crissi** brought in 89 pounds of food and \$98 to donate to the ICS Food Bank!



SAVE THE DATE!

On Veterans Day, November 11, 2016, you're invited to enjoy a day on the golf course, a delicious dinner buffet, intriguing silent auction prizes and plenty of fun as you support the life-changing work of ICS. Put it on your calendar!

You'll hear more about the 2016 We Care Golf Classic in the coming months.



12:30PM SHOTGUN START
OMNI TUCSON NATIONAL
SONORAN COURSE
FRIDAY, NOVEMBER 11, 2016

**THANK YOU FOR
YOUR SUPPORT!**

Title Sponsor to Date:

