

Our Mission...

“Helping seniors, disabled individuals and families in financial crisis achieve stable, healthy and independent lives.”

INSIDE:

- » **Holiday Food Drives...**
pages 2,8
- » **End-of-Life Discussions...**page 5
- » **Early Years of ICS Leadership...**page 11
- » **Upcoming Holiday Open Houses!...**Back Cover



Awarded four stars five years in a row!

Interfaith Community Services *We Care Newsletter* is published quarterly by Interfaith Community Services, 2820 W. Ina Rd., Tucson, AZ 85741.

How You Help ICS Change Lives

Any volunteer working the front desk at ICS can tell you: the calls for help start coming in a rush every morning at 9am. The callers are hoping to get an appointment for **“emergency financial assistance.”**

What exactly do we mean by “emergency financial assistance”? “Oscar’s” call for help came after being unemployed for three months and using up all savings to get his family of five through that time. He called other agencies with no success. With the family facing eviction, ICS paid for one month’s rent, and paid the fees to get Oscar a monthly bus pass and I.D. cards so he could start working again as a security guard.



Because of your donations, ICS can answer “yes” to people like “Julie,” a single mom with four school-aged children. She has a good job that pays over \$17 an hour, but with a limit of working 25 hours a week. So when electric bills rose in the summer, the tires gave out on her car and her children needed things to go back to school she called ICS. We were able to pay her electric bill, buy two new tires for her car and help with school supplies for her children.

“Andrea” has two children at home, and had to quit her job as a truck driver to care for her sick father, who has since passed away. She is looking for work again, but needed new glasses so she can see well enough to drive. ICS paid her rent for a month, helped with utility bills and will pick up the cost of an eye exam and new glasses so she can start working again. We know that when many clients put on badly needed new eyeglasses for the first time, being able to see well again often brings them to tears.

Sometimes the need for help reaches a boiling point as we saw late one Friday afternoon this summer when a grandmother appeared at our main office with her three grandchildren. Though the children belonged to her daughter, they had all been staying with her son, and he had dropped them off in frustration. The children hadn’t eaten all day. ICS was able to feed the children, find the family temporary shelter and even help with back-to-school supplies.

Continued on page 2

Donate to ICS with the Arizona Charitable Tax Credit

As we approach the end of the year, it’s a good time to think about taking advantage of the Arizona Charitable Tax Credit and supporting ICS at the same time. You can claim up to \$200 as a single person and up to \$400 as a couple filing jointly on your Arizona state tax return. This can allow you to **make a donation to ICS and earn a dollar-for-dollar**



tax credit at the same time. The Charitable Tax Credit can be taken in addition to credits for

donating to public or private schools. There are several ways you can make your donation. **Go to www.icstucson.org and click on the Donate tab to donate online.** Or call ICS at 520-297-6049 ext. 222 or ext. 224. If you would like to mail in a donation, it must be postmarked no later than December 31. Remember, supporting ICS in this way allows you to keep your tax dollars here in Pima County while helping us assist the working poor. Thank you!

How You Help ICS Change Lives

Continued from Page 1

“Emergency financial assistance” can keep families off the streets, put food on the table, keep the lights and electricity on – basic human needs that ICS can meet because of your support. Preliminary figures show we helped nearly 9,000 people with emergency financial assistance this past fiscal year; there were many more calls for help we could not answer for lack of resources. We are grateful for all the support we receive that allows us to answer “yes” in someone’s time of emergency. Thank you!

Edward Jones Bag-A-Thon



Edward Jones has set an ambitious goal this holiday season: collecting 100,000 pounds of food for hungry families in

southern Arizona, with much of that going to ICS. So begins the **9th Annual Edward Jones Bag-A-Thon!** From now till October 30th, you can drop off non-perishable items at 22 Tucson area Edward Jones offices to help us reach that goal. Check out the list of participating locations at www.icstucson.org.

This food drive brings together many people in our community, including the Town of Oro Valley and schools and scouting groups across Pima County. The holidays are a busy time at the ICS Food Bank, and this drive makes it possible to supply holiday food boxes to those in need.

Special thanks to the **Sun City Community Foundation**, which

is assisting the drive with an \$8,000 matching grant, and to the **Sun City Vistoso Cyclists**, who are raising food and funds.

You can do your part by filling a bag (or several!) with food. We especially need these items:

- peanut butter
- breakfast cereal
- macaroni and cheese
- cake mix
- spaghetti sauce & pasta
- stuffing mix
- canned soups, chili, ravioli
- instant potatoes
- canned meats, fruit or vegetables
- rice and dry beans

Then join us as it all comes together **Saturday, November 7 at Canyon Del Oro Baptist Church, 9200 N. Oracle Road, from 8am - noon.** Drop off last-minute donations, or help us sort and load food! See you there!



Drink in the beautiful weather, breathtaking views of the Catalinas, and play your heart out at **Omni Tucson National on Friday, November 6, at the 2015 We Care Golf Classic.** It’s a wonderful way to support ICS and have a lot of fun at the same time! Registration for the 4-Person Scramble begins at 11am with a 12:30pm Shotgun Start on the Sonoran Course.

You can **register today by going to www.icstucson.org or call 520-297-6049 ext. 209.** \$150 per player (\$72.55 is tax-deductible) or \$600 for a foursome. Remember, golf is just a part of the day’s activities - players also enjoy a buffet, awards ceremony, prizes, and a raffle and silent auction!

FEED4MORE to Benefit ICS



ICS is grateful to have the support of Whole Foods Market in a community food drive to raise \$10,000 in non-perishable food and cash donations for the ICS Food Bank. From **November 16-29**, shoppers at Whole Foods Market will be able to donate cash at the register to help purchase non-perishable foods. 100% of the funds collected at the three Whole Foods Market locations in Tucson will benefit ICS!

Look for the Feed4More drive at the **Whole Foods Markets at Oracle and Ina, River and Craycroft, and Speedway near Country Club.** A great way to shop and support the life-changing work of ICS!

Volunteer Opportunities

Are you looking for a new experience this fall? We have a palate of choices! At ICS we have an amazing cadre of volunteers who accomplish the ICS mission of providing help and hope to seniors and disabled individuals. Would you like to join us?

This fall our greatest needs are:

In-Home Evaluation Volunteers—Visit people requesting ICS services and evaluate their health and living conditions. Medical, teaching, or social service background is a plus.

Southside Volunteer Office Help—A unique opportunity for someone to staff our new Southside volunteer office one morning per week. Training is provided.

Southside Senior Services Drivers—New this year! We need volunteers to drive their neighbors to the doctor, pharmacy, grocery store and to shop for a neighbor. Mileage reimbursement is available.

Drivers are needed for the East and Northwest sides of town too. Assignments are usually 2-3 hours Monday – Saturday. Flexible schedule. Use your own vehicle or become a driver for the ICS Care-A-Van.

Mobile Meals Drivers—Deliver nutritious meals one day per week (11:00am to 1:00pm). Mileage reimbursement is available.



Are you ready for a new experience this fall? You can become an ICS volunteer in three easy steps:

1. Go to www.icstucson.org/volunteer-training to sign up for an upcoming orientation.
2. Download and complete the volunteer application and handbook. Bring them to your orientation.
3. Attend the Volunteer Orientation to find out more about ICS, the program area you are interested in, take a tour and meet ICS staff.

Contact **Tori Carlson** at tcarlson@icstucson.org or 520-297-6049 ext. 217.

Volunteer Orientation Schedule	Northwest: 10 a.m. to noon 2820 W. Ina Road	Eastside: 1 - 3 p.m. 8701 E. Old Spanish Trail	Southside: 10 a.m. to noon 6740 S. Santa Clara Avenue
	<ul style="list-style-type: none"> Monday, October 19 Monday, November 23 Monday, December 14 	<ul style="list-style-type: none"> Tuesday, October 20 Tuesday, November 24 Tuesday, December 15 	<ul style="list-style-type: none"> Friday, November 20

A Thank You to Our Volunteers



ICS Supporters Ed and Kay Jenkins raise a healthy glass in a toast of smoothies with Splendido Community Relations Coordinator Nancy Boyle and ICS Philanthropy & Public Relations Director Deborah Carr.

We were glad to see some of our busy volunteers take a refreshing break to sip smoothies and learn how to get a healthy balance in their lives. The folks at **Splendido at Rancho Vistoso** graciously hosted a “Balanced Wellness” seminar for volunteers. They served up treats like Orange Power Smoothies, Green & Creamy Smoothies, even a Healthy PB&J Smoothie!

ICS Health Advocacy Coordinator **Mara Levin** encouraged volunteers to evaluate not only the way they take care of their physical body, but to think about wellness including the emotional, spiritual and mental states. She

invited people to regularly take part in activities that nurture one or more of these areas.

Music, prayer, meditation, exercise, even breathing and walking in a mindful way can relax and nourish us. There are some activities that can feed the physical, mental, spiritual and emotional parts of us all at once—a great example of this is volunteering!



How long can you hold a glass of water? ICS Health Advocacy Coordinator Mara Levin illustrates a point that no matter how big or small the stressors are in our lives, even a light object gets heavy if we keep holding onto it.

ICS Is Pleased to Present Our Newest Corporate Partner



Although the holiday season is typically wrapped in visions of warmth, friendship and love, having too many expectations for “the perfect day” can usher in an unwanted holiday guest: Stress.

And now that fall is here, with the holidays right around the corner, **Terri Waldman**, director of Tucson Medical Center’s Geropsychiatric Center at Handmaker, shared her tips for maintaining balance.



Terri Waldman, Director
TMC Geropsychiatric Center

- Celebrate the entirety of the season. Instead of pinning too many hopes on one day, remember the moments of beauty or kindness that have taken place throughout the whole season.
- Be realistic. The idyllic family environment popularized in 1950s-era TV shows is not typically representative of lives today. And that’s OK. Family members may not share similar lifestyles or outlooks, but if it’s too much to ask to celebrate their quirks and whims, it’s still going to be easier if you can accept their imperfections.
- Enjoy. Oh heck, even indulge a little. But also look for balance. If you’ve eaten a little more than you normally would, take a walk with family or friends. Take 60 seconds to breathe. Grab some friends and sing a carol, however badly. If you feel a little stronger and a little more centered, you’ll have an easier time brushing off the blues.
- Ask for help. If baking that last loaf of pumpkin bread is going to put you over the edge, recruit some help. If you’ve got a stack of presents that need to be wrapped, and you can’t do that and make the scalloped potatoes at the same time, send a friend to the store for some gift bags. Maybe opt for a potluck instead of hosting a feast on your own. Sometimes, skating through the holidays is easier if you’re holding onto someone for support.
- Acknowledge transitions. Life can sometimes be about loss, and that loss can be acutely felt at times like this. That’s normal and expected and your heart has no obligation to be jolly. Take the time to celebrate cherished memories but be open to new rituals. If you find you are having a hard time coping and can’t shake the sadness, though, don’t try to tough it out. It may be time to see a clinician.

“Ultimately, the holidays shouldn’t be about having the perfect decorations or the perfect presents or the perfect dinner,” said Waldman, who has 30 years of experience in assisting older people with behavioral disorders. “If the dog takes off with the turkey leg and your father-in-law has a little too much eggnog and the grandchildren start pelting each other with flour, just breathe through it, hold onto the real intent of the season, and just be glad you’ll have a far more entertaining story to tell for years to come.”

The TMC Geropsychiatric Center

The TMC Geropsychiatric Center provides short-term stabilization for older adults experiencing acute emotional and behavioral health disorders related to aging, such as depression, dementia and adjustment difficulties. It is part of a broader seniors program at TMC that provides continuing care, education, support groups, health coaching and more.

While You Shop...Support ICS!



Support ICS when you buy your groceries at Fry’s! Sign up to give ICS your Community Rewards with your V.I.P. card. **Go to Frysfood.com and click on the Community tab.** Designate Interfaith Community Services (the one in Tucson) to receive Community Rewards when you make a purchase!

And if you’re an Amazon shopper, check out **smile.amazon.com**. Select Interfaith Community Services (the one in Tucson) to receive donations from your eligible purchases. The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases.



Black Friday. Cyber Monday.

#GIVINGTUESDAY

December 1, 2015



December 1 is Giving Tuesday this year - an entire day dedicated to giving back. Giving Tuesday was founded in 2012 to follow the Thanksgiving holiday, Black Friday and Cyber Monday. It’s a wonderful way for people all over the world to come together to celebrate generosity and to give.

Please consider giving to ICS, and invite your friends to do so also! Check out our website at **www.icstucson.org** and click on the “Giving Tuesday” box. Your donation goes toward our mission of helping seniors, disabled people and families in financial crisis achieve stable, healthy and independent lives.

Living Through the End of Life

"It's a wonderful day to talk about how we want to die, don't you think?" The crowd agrees with ICS Health Ministry Manager **Karen MacDonald**, and so begins a morning seminar about "Living Through the End Of Life" at **New Spirit Lutheran Church**. About 20 people have gathered because planning for the inevitable future is on their minds. A man in his 70's says, "It's time to start thinking about this." Another man, much younger, adds, "Death is one of my greatest fears." A woman comments, "We think we have it all planned but things change." Another says, "I need to know specifically what you need written down and where to find it."



In this role play, ICS Health Advocacy Coordinator Mara Levin portrays an adult child who doesn't want to take part in a discussion about her mom's wishes for end-of-life care.

and daughter might talk about end-of-life issues. Often the parent might be ready to discuss his or her death, cremation, or end-of-life care. But for the child, even as an adult, those conversations can be intimidating. Both Levin and MacDonald encourage participants to begin talking anyway and then continue to have those conversations.

"You know why I like to talk about death, don't you? Because it makes us live better," MacDonald says. She's received enthusiastic responses from faith communities interested in hosting these workshops. If you would like to schedule a session, contact Karen at kmacdonald@icstucson.org or 520-297-6049 ext. 221. End of Life seminars are made possible with support from **The Shaaron Kent Endowment Fund at the Community Foundation for Southern Arizona**.

So MacDonald delves into a topic most of us avoid considering: our own death. She raises some big questions, such as: : What do you value in life? How would you wish to live as your life draws to a close? What plans can you put in place now to help honor your values, wishes and legacy? She outlines legal documents to use in planning for your end-of-life care, and making your wishes known.

ICS Health Advocacy Coordinator **Mara Levin** helps guide the conversation, and joins in a role play that shows how a mother



Thanks, Corporate Partners

Platinum



Gold



Silver



Copper



Our Appreciation

to the following businesses, corporations and private and family foundations for their recent grants and gifts:

- Albertsons
- Agnico Eagle Mines
- AmazonSmile Foundation
- Association of Arizona Food Banks
- BMO Harris Bank
- Casino del Sol
- Guernsey Family Foundation/Charles Schwab
- Community Partnership of Southern Arizona
- Haugh Foundation
- Jewish Community Foundation
- Lilly Endowment, Inc. – Corporate Matching Gift program
- Northern Trust Bank – Corporate Matching Gift Program
- Oro Valley Optimist Club
- Pella Rollscreen Foundation – Corporate Matching Gift Program
- Wells Fargo Foundation
- Wells Fargo Foundation Community Blooms Program
- Phillips Family Foundation

On Behalf of Those We Serve:



ICS was at the southside Elvira Neighborhood Association Night Out Against Crime in August. The event gave us a chance to hear local leaders, meet residents from the Elvira neighborhood and share ICS's goal to help local elderly residents. **Santa Clara United Methodist Church** is the site of ICS's Southside Volunteer Office. Volunteers are needed to drive seniors to medical appointments and provide friendly visits.

Interested in volunteering? Contact **Tori Carlson** at tcarlson@icstucson.org or call 520-297-6049 ext. 217.



What can you do with a colorful old Kleenex box? Use it to brighten someone's day! A group of friends from **Oro Valley Church of the Nazarene** gathers regularly to create handmade cards for **ICS Mobile Meals** recipients. The crafters are big recyclers of Kleenex boxes, wallpaper, even wedding decorations that come their way and can be cut and decorated into a cheerful card to go along with the fresh and nutritious meals delivered to seniors or people with disabilities who are unable to cook for themselves.



The group's founder, **Linda Hicks**, says she remembers how her mother and father enjoyed getting mail, and she has seen how her family members and friends enjoy the homemade greeting. ICS volunteers provide important social contact for seniors and shut-

ins...now they can also bring along a homemade work of art!

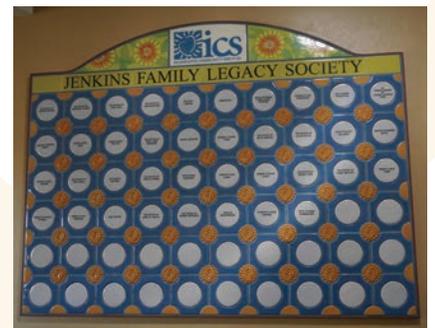


Our hat's off to the **Summer Mixed Chorus** for a rousing "Feelin' Groovy" Concert in July – a great way to spend a summer evening! Our friend and supporter **Terrie Ashbaugh** led the chorus and coordinated the event which brought in 230 pounds of food along with \$1,400 in donations to benefit the **ICS Food Bank**! The concert was free, but the audience gave generously and everyone enjoyed hearing some oldies but goodies!

Jenkins Family Legacy Society: Sustaining the Hope

The Jenkins Family Legacy Society honors an extraordinary group of friends who have provided a planned gift of any size to Interfaith Community Services through their will or estate or a current gift of \$10,000 or more to the **ICS Endowment Fund**. Through their generosity, these friends not only help improve the lives of vulnerable people today, but also ensure that ICS's mission of caring— as well as their own legacy of goodwill—endures for future generations.

We are pleased to recognize the newest members of the Jenkins Family Legacy Society: **Nancy Atherton, made in memory of Anne and Pete Carey, Carol Goeman, Ralph and Marilyn Boeker, Nancy Schwarzwald, and James and Judy Marvel**. ICS is honored to serve as a steward of your most personal and timeless gift.



If you have included ICS in your estate plans but are not a member of the Jenkins Family Legacy Society, please let us know so that we can extend an invitation for you to become part of this very special group. For more information on the Legacy Society or to learn more about how you can include ICS in your estate plans, call **Deborah Carr, Philanthropy and Public Relations Director**, at 520-297-6049 ext. 222.

Thank You!



We are now offering free showers outside our Main Office on the second Saturday of each month... thanks to the use of a mobile shower trailer from **St. Andrew's Presbyterian Church**. A total of six showers are housed in the trailer, with one side designated for women and one for men.



Volunteers set things up, check for hot water, and offer free toiletries to people using the showers. ICS becomes one of several regular stops for the trailer throughout the month; volunteers say this work has strengthened their compassion for people living on the streets.



The aim of **Mental Health Safe Space** trainings is to remove the stigma of mental health. That stigma stops many people from seeking treatment. ICS staff took that message to a group downtown, including people who work in the area, own a business downtown, or are just interested in learning more about mental health.

We need volunteers willing to help increase awareness of these issues and learn how to present these trainings. An interest or background in health or mental health education is valuable.

Please check out the Mental Health Safe Space tab on our website at www.icstucson.org if you are interested.



We got a lot of help this summer from several young interns. **Erik Rivas** (pictured right) is a U of A student who worked to translate many of our ICS documents to Spanish. He also played a big role in staffing and recruiting at our new Southside Volunteer Office.

Three high school interns also helped us out! **Logan, Matthew, and Mariela** (with cake at left, Mariela not pictured) pitched in with everything from landscaping to running errands to serving as substitute drivers in our transportation and Mobile Meals programs.

We're grateful for all their work!



Pictured is the ICS–Banner University Medical Center (UMC) Tucson Process Design Team that is working on the **Faith and Community Health Network (FCHN)** pilot. This interdisciplinary team worked through the summer for the launching of the project in mid-October.

Representatives are volunteers and staff from participating FCHN partners. This project connects patients being discharged from the hospital who are at risk for re-admission with ICS-trained volunteers from the participating faith communities. The volunteers will provide non-medical support services such as transportation, grocery shopping assistance and emotional support. Stay tuned for more news on this exciting new program!



Front row left to right: Susan Kasle from ICS, volunteer Mireille Bearden from Mt. Calvary Missionary Baptist Church, Lorraine Glazar from Banner-UMC, volunteer Art Aldag from St. Francis in the Foothills. Back row left to right: L'Don Sawyer and Veda Kowalski, both from ICS, Jenny Stone, Jim Roche, Zacharias Knickerbocker and Valerie Cruz, all from Banner-UMC.

Faith Community Food Collection Challenge Reaches Its Goal!

We issued a challenge to ICS faith community partners in May – could you bring in 30,000 pounds of food over the summer to celebrate ICS' 30th year? We got our answer in bags and boxes of food that met and exceeded that goal when the Faith Community Food Collection Challenge ended July 31!



This is what 2,000 pounds of food looks like. It's one of the donations that came in from Oro Valley Church of the Nazarene this summer. The Food Collection Challenge raised more than 30,000 pounds of food this summer - 15 times the amount pictured here. Impressive!

With school out and people taking a break from their normal routines, it's a challenge to keep the **ICS Food Bank** stocked. Partnering faith communities came through – with the final donation tally at 30,051 pounds to feed hungry families and others in need who visit the ICS Food Bank.

Members of **Tanque Verde Lutheran Church** developed a strategy of focusing their donations on one food item per week: breakfast cereal, peanut butter, tuna, etc. It worked! The church received a special peanut butter trophy from ICS for donating the most food in this year's Food Collection Challenge.



Tanque Verde Lutheran Associate Pastor Josh Auchenback lifts the trophy high, Lead Pastor Gayle Bintliff shows off the certificate as ICS CEO Daniel Stoltzfus recognizes the church for bringing in the most food donations in this year's Food Collection Challenge.

We are grateful for the donations – and once again, amazed at what ICS faith community partners can do!

Holiday Gifts of Love Drive Kicks Off



As the holiday season approaches, would your family or friends consider joining ICS in our **Gifts of Love Adopt-a-Family**?

We will choose a family of your desired size and provide you with their clothing sizes and gift suggestions. You do the shopping and put together the gifts for them!

It's a wonderful way to focus on the spirit of giving during the holidays. If you would like to participate, please call ICS at 520-297-6049 for more information.

Record Crowd for Backpack Giveaway

Families lined up more than two hours early for our **Gifts of Love School Supplies Giveaway** in July. ICS was able to help 860 students with free backpacks or bags of school supplies.



Because of generous donations we helped a record number of students this year. One teenage girl told us how valuable the help was to her, since she buys things she needs on her own, so it doesn't impact the family budget. A single mom of five thanked us for the free supplies, saying the expense of school clothes and shoes alone can be overwhelming.

We are grateful for large donations of backpacks from mother and daughter **Nicole and Wendy Camp**, our faith community partners, residents of **Splendido at Rancho Vistoso**, and many other generous individuals and businesses who pitched in to help.

charles
SCHWAB

Food and Funds Drive

From now thru **November 14** you can drop off food or monetary donations to ICS during business hours at the **Charles Schwab office at Swan and Sunrise (4640 E. Sunrise, Suite 127)**. The goal is to collect 5,000 pounds of food in this effort – the **2015 Food and Funds Drive for the ICS Food Bank!**

Donations are already being collected at that Charles Schwab office, and at the end of the food drive, folks will gather in a special food collection weigh-in and breakfast at the office on **Saturday, November 14** from 8:30 to 10:30am. Join us as we help feed hungry families this holiday season!

MEMORIALS AND TRIBUTES: 6/16–9/15/15

Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Memory Of: Given By

Mary L. Angus: Helen Bemis

Ryan Armstrong: Josephine Cordasco

Wayne & Ann Marie Barry: Carol Donisi

Marilyn Bart: Barry Kalpin & Diane Bart-Kalpin

John Boydston: Ronald & Catherine Baida; Susan Beveridge; Lois Boydston;

Shirley Boydston; Salvador & Maryann Cano; Andrew & Susan Clark;

Steve & Ginni Easter; Lyle Haas; Donald & Sarah Jones; Jerry & Marianne

Jones; Wiley & Kay Murphy; Bernie & Jeanne Padgitt; Jack Tersterman

Nancy Day's Brother: Phillip & Phyllis Davis

Freida Worrall's Brother-In-Law: Phillip & Phyllis Davis

Eugene Ray Brown Jr.: Larry & Linda Keegan

Bradley Steven Browning: Marilyn Browning

Dr. John Caulfield: Judy Gould

Aleah Mae Cruce: Michael & Karen Cruce

John Delli Santi: Josephine Cordasco

Anna Eaton: Carol Donisi

Rev. Calvin P. Fischer: William & Derry Dean

Marjorie Funckes: Arnold Funckes

Margaret Gaskin: Lars Broddling; Vera Buettner; Tom & Candy Crohurst;

Micody Crohurst; Karl & Bette Johnson

Dottie Gerhart: David Davenport, DDS; Dick & Bonnie Kampa; Doris

Kaplan; Marietta Karnes; Sandra & William Kreamer; Vanda J. M. Mayers

Pollard; Iris & G. Scott McKinney

Rosalyn Glickman: Charles Glickman

Dick Goeman: Anonymous; William & Margaret Allen; Corbett & Patricia

Alley; Leighton & Judith Bennett; Jerry & Mary Boelman; Alice Bostrom;

Charles & Martha Brown; Robert & Susan Carlson; Myra Christenson;

Marilyn Clark; Gretchen Anne Cleghorn; Donna De Vinney; Larry &

Nancy Fowler; Lou & Sharon Gard; Ruth Gitzendanner; Carol Goeman;

Dale & Sally Hallberg; Richard & Mary Hart; James Hawley; Mary

Herrschaft; Theodore & Judith Hood; Jay & Betty Huitsing; Janet Hunter;

J.P. Davis, Inc.; Dorothy Jackson; Gordon & Anne Jacobson; Dick &

Bonnie Kampa; Ronald & Sandra Knudson; Robert & Donna Langwig;

Bruce & Susie Leinbach; Joan Leinbach; Michael & Frances Leonard;

Ed & Jodee Linta; Arthur & Marcia Lowell; William & Susan Pearsey;

Arthur & Shirley Peterson; Theodore & Greta Rasmussen; Michael & Judy

Rigby; Robert & Glenna Snider; Curt & Diane Stowell; Lloyd & Dureen

Stucke; David & Claudelle Sullivan; Sonja Swanson; Richard & Kathryn

Thompson; Miriam Waddington; Gary & Joanne Wickberg; Arthur &

Judee Wickersham; George & Nancy Williams

Herschel Hausman: Robert & Selma Gevirtzman

Roy Head: Beverley Greer; Dick & Bonnie Kampa; Terri Patt-Smith

Bob Hurst: Margaret Hurst

Ray Jones: Richard & Violet Davis

George Le Compte: Tina Feltman-Lena

Al & Mary Lippert: James Spain

Arlene Loomis: John & Christine Holmgren; Marilyn Ringer; Kelly Trang

Donald McFarlane MD: Anonymous

Ray Plumlee: Carol Donisi

George Rosenberg: Judy Gould

Betty Seymour: Arnold & Dena Eoff; Rudy & Barbara Graf

Rolly Stricker: Phillip & Phyllis Davis

Margaret Trachta: Phillip & Phyllis Davis

Anita R. White: David & Anita White

Richard Wilkinson: Andrea Dukes

Jim Yugo: Judy Gould

In Honor Of: Given By

Jan & Archie Anderson: Jim & Yonny Beers

Rev. Jennifer Wilcox Cummins: Edward & Linda Hecht

Roxanne Fickett: BMO Harris Bank (Jennifer Herrema)

Sharon Geiger: Robert & Selma Gevirtzman

Jay & Betty Huitsing: Myra Christenson; David & Ellen Vellenga

Diane Bart-Kalpin & Barry Kalpin: Robert & Selma Gevirtzman

Bonnie Kampa: Myra Christenson

Jerry Lofton: Lois Boydston

Stephanie & Pete: Michael & Elizabeth Sellers

Christine Simon: Kevin O'Shea & Mara Levin

Ella Waltz: Anonymous; Gregory & Katrina Lantz; John & Jean O'Hanlon;

Freeman & Rebecca Taber; David & Ellen Vellenga

New ICS Board Members



Dr. Patricia Harrison-Monroe is one of two new members of the ICS volunteer board of directors. Harrison-Monroe, PhD, is a clinical associate professor of psychiatry, director of the Early Psychosis Intervention Center (EPICenter) and director of community outreach and clinical development for the Department of Psychiatry at the University of Arizona College of

Medicine. Dr. Harrison-Monroe received her BA from the John Jay College of Criminal Justice and her MS and PhD from Columbia University in New York. She has been honored as one of the 25 most influential African-Americans in Arizona.



Jim Pirzynski retired from Raytheon in 2012, where he spent 24 years in human resources positions, including director of compensation and benefits as well as talent acquisition and college relations. He holds a master's degree from the University of Illinois and volunteers in the ICS Job Resource Center helping people with job searches and resume and interview skills. Pirzynski also serves on the

board for RISE International, a Chicago-based nonprofit, which builds schools in rural areas of Angola.

Faith Community Engagement News

ICS welcomes our newest partner faith communities! **Pantano Christian Church**, led by **Rev. Glen Elliott**, and **Trinity Presbyterian Church**, led by **Rev. Jerry Foust**, are very excited to be partnering with ICS. These congregations and their members have already been involved with ICS in various ways and look forward to continuing their participation. Here is a sampling of other ICS faith community partners in action:

- **51 of our Faith Community Partners** participated in our Faith Community Food Collection Challenge to successfully raise over 30,000 pounds of food for the ICS Food Bank over the summer!
- **New Spirit Lutheran Church** hosted ICS's recent Living Through the End of Life Seminar.
- **Desert Valley Adventist Church** hosted our most recent ICS Faith Council Meeting for advocates from our faith community partners.
- **Mountain Vista Unitarian Universalist Congregation** made ICS the congregation's Charity of The Month for September.
- **Ascension Lutheran Church** hosted the Arizona Summer Mixed Chorus concert titled Feelin' Groovy, which raised money and food for the ICS Food Bank.
- **First United Methodist Church** hosted a Faith and Community Health Network presentation on "Faith & Health" taught by ICS staff.



ICS Faith Community Engagement Manager Tim Kromer gets things started at a recent Faith Council meeting where the audience got a preview of the brand-new ICS Faith & Community Health Network.



Rincon Congregational UCC hosted the opening concert for this year's "If Music Be the Food" series.

We are deeply grateful for the caring of our 84 partner congregations! Together we're impacting many lives for the good. To schedule a visit to ICS or to have ICS staff speak to your congregation or to explore your congregation joining ICS in the good work described in this newsletter, call our Faith Community Engagement Manager, **Tim Kromer**, at **520-297-6049 ext. 201**.

COMING IN
2016

"Faith Communities & Well Being: Mind, Body, Spirit and Community" Conference
Friday, April 8, 2016

Oro Valley Church of the Nazarene

Watch our website and Winter Newsletter for more about topics and speakers!

Thanks to Our Faith Community Partners

Abiding in Christ Fellowship • Aldea Spiritual Community • Alive Church • Ascension Lutheran • Baha'i Faith - Oro Valley • Beautiful Savior Lutheran • Canyon del Oro Baptist • Capilla del Sol Christian • Casas Adobes Congregational UCC • Catalina United Methodist • Christ Presbyterian • Christ the King Episcopal • Church of the Apostles Episcopal • Church of the Everlasting Gospel • Church of the Painted Hills UCC • Community Christian Church Marana • Congregation Anshei Israel • Congregation Bet Shalom • Congregation Chaverim • Congregation Or Chadash • Congregation M'kor Hayim • ConnectionPointe Church • C.O.R.E. Life Ministries • Cortaro Vista Community Church • Country Club at La Cholla Chapel • Desert Skies United Methodist • Desert Valley Adventist Church • Dove of Peace Lutheran • Ebenezer All Nations Seventh Day Adventist • Faith Christian Fellowship of Tucson • First Christian Church • First United Methodist Church • Fountain of Life Lutheran • Grace St. Paul's Episcopal • Grace Temple Missionary Baptist Church • Immanuel Presbyterian • Lord of Grace Lutheran • Lutheran Church of the Foothills • Maranatha Seventh Day Adventist • Mountain Shadows Presbyterian • Mountain View Baptist • Mountain Vista U.U. Congregation • New Life Bible Fellowship • New Spirit Lutheran • Northminster Presbyterian • Northwest Baptist • Northwest Community Friends Church • Oro Valley Church of the Nazarene • Oro Valley United Church of Christ • Our Saviour's Lutheran • Pantano Christian Church • Resurrection Lutheran • Rincon Congregational UCC • Rising Star Baptist Church • Sanctuary United Methodist • Santa Catalina Catholic • Southside Presbyterian • St. Alban's Episcopal Church • St. Andrew's Episcopal Church • St. Andrew's Presbyterian • St. Elizabeth Ann Seton Catholic • St. Francis in the Foothills United Methodist • St. John on the Desert Presbyterian • St. Mark the Evangelist Catholic • St. Mark's Presbyterian • St. Mark's United Methodist • St. Matthew's Episcopal • St. Michael and All Angels Episcopal • St. Odilia Catholic • St. Paul United Methodist Church • St. Philip's In The Hills Episcopal • Streams in the Desert Lutheran • Tanque Verde Lutheran • Temple Emanu-El • Templo La Uncion • The Good News Community Church • Third Church of Christ, Scientist • Tortolita Presbyterian • Trinity Presbyterian Church • Tucson Community of Christ • Unity of Tucson • Unity Spiritual Center of Peace • U.U. Church of Tucson • Vida Nueva/New Life Church of God • Water of Life Metropolitan Community Church

A Look Back at 30 Years of ICS Service & Leadership

Part II of a Series

In celebration of our 30th year, we continue a look at the legacy of leadership and the wonderful community support that made it possible for ICS to grow through the years. In this issue, we feature June Head, who served as Executive Director from 1987 – 2001.

June Head led ICS through a period of significant growth...from a \$38,000 budget when she started to \$300,000 in the year she retired. She arrived in 1987 only two years after ICS had been founded by **Rev. Barbara Smith Anderson** and six congregations. June Head was hired to answer phones and be the bookkeeper. At the time, ICS was run by a "Directors Committee." But as things changed, she was asked to lead the organization. She had no training as an executive director, but her financial background served her well. And she had a heart for the work. *"I wanted to see this organization survive. They were doing so much good,"* she says.



June Head
ICS Executive Director
1987-2001

She learned how to write grants, she worked to get more funding from partnering faith communities and she pushed to get more volunteers. She also made a decision that showed her foresight when she endorsed getting ICS finances put into a computer system. Her accounting background was a part of the way she had grown up. *"My dad taught me debit and credit when I was 15 years old,"* she says. She also credits her parents for the example they set in making it a priority to help people. *"I was always happy to help families with children,"* she says of her years at ICS, *"because children need to be taken care of."*

Part of the struggle during her tenure was in the physical space for ICS. Housed in a trailer on the campus of **St. Andrew's**

Presbyterian Church, she remembers watching the trailer be picked up to be moved across the street to a better spot. Years later the offer of more space came from **Christ the King Episcopal Church**. Head knew the space was needed; but she priced a modular building to house ICS at \$75,000. She knew the agency couldn't afford that. So she called her staff together and made a decision they would start praying for money in each Monday staff meeting. It wasn't long after that a call came. ICS had been left money from an estate. It was enough to fund the new building which remains part of the ICS Main Office on Ina Road today.

June Head retired in 2001 at the age of 77. The new building had just been purchased. The total number of faith community partners at ICS had grown to 18. Volunteers at the time were giving more than 20,000 hours of service each year. The organization had come a long way from its origin as a small group of volunteers making calls to shut-ins from their homes.



Former ICS Executive Director June Head greets the crowd at a benefit concert in 2010.

"As we stand here 30 years later, our team at ICS recognizes that we are building on the solid foundation and leadership of those like June Head who have come before us. June truly mobilized volunteers and strong community support that helps make our outreach what it is today," ICS CEO Daniel Stoltzfus shared.

In 2001, June Head was succeeded by Bonnie Kampa, who retired at the end of 2014 after serving 13 years as CEO. We'll hear from Bonnie in our Winter Newsletter!

ICS Staff Updates

Tracy Cooper is the new Mental Health Safe Space Project Manager. She has experience in education and counseling programs, and worked as a corporate executive for 17 years establishing corporate and nonprofit partnerships in California and New York. Tracy is the author of a children's book, *"Sophie Starchild,"* an inspirational book enhancing children's self-esteem. She earned a master's degree in Counseling Psychology from the University of San Francisco and is currently working on Ph.D. clinical hours.



Adrienne Williams joins ICS as a part-time Emergency Solutions Grant Case Manager. Adrienne has a background in social services in the Tucson community where she has lived for seven years. She graduated from the U of A with a Bachelors in Public Management and Policy and a Bachelors in Human Services. She is currently working on her Master's degree. Adrienne loves reading, going to the movies and considers herself a lifelong learner.





SAVE THE DATE!
Saturday,
March 5, 2016
11am - 1:30pm



Empty Bowls
a fundraiser
to fight hunger and feed hope

Main Office:

2820 W. Ina Road, Tucson, AZ 85741
campus of Christ the King Episcopal
Ph: 520-297-6049; Fx: 520-797-3029

Eastside Office:

8701 E. Old Spanish Trail, Tucson, AZ 85710
campus of New Spirit Lutheran
Ph: 520-731-3076; Fx: 520-731-8906

Marana Resource Center:

13644 N. Sandario Road, Marana, AZ 85653
campus of Arizona Youth Partnership
Ph: 520-297-6049 ext. 243

Southside Volunteer Office:

6740 S. Santa Clara Avenue, Tucson, AZ 85756
campus of Santa Clara UMC
Ph: 520-547-0066

Email: info@icstucson.org

www.icstucson.org

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You're Invited to Our Holiday Open Houses!

Eastside Office
8701 E. Old Spanish Trail
Thursday, December 10
11am - 1pm

NW Office & Food Bank
2820 W. Ina Road
Friday, December 11
2-5pm

Save the date and come celebrate with us!
Enjoy refreshments, door prizes and
plenty of holiday cheer!